



***DLaxV***

*DEUTSCHER LACROSSE VERBAND e.V.  
GERMAN LACROSSE ASSOCIATION*

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***JUNIORINNEN  
REGELWERK***

# DLaxV Regelwerk für Juniorinnen

**Stand August 2009**

Die hier aufgeführten Regeln sind Änderungen oder Ergänzungen des IFWLA / FIL Regelwerks 2007-2010 und der gültigen Trial Rules 2009 für Damenlacrosse und gelten ausschließlich für die Spiele der Juniorinnen im Spielbetrieb des DLaxV. Bis auf diese „Sonderregeln“ gelten ausnahmslos die Regeln der IFWLA / FIL für Damenlacrosse.

Ziel dieser Sonderregeln ist in erster Linie die Sicherheit der Jugendspielerinnen zu gewährleisten und die geltenden Regeln des Damenlacrosse an die Fähigkeiten und Fertigkeiten der Jugendspielerinnen anzupassen. Die Regeln können jederzeit nach Abprache mit der Sport- und Jugendwartin durch die leitende Schiedsrichterin des DLaxV geändert werden.

Das Regelwerk tritt mit Beginn der Saison 2009/2010 in Kraft.

## **General Changes for the entire Rulebook:**

- „**10m**“ replaces „11m“
- „**14m Fan**“ replaces „15m“
- „**Center Line**“ replaces „Restraining Line“

## **Rule 1 Field Markings: (diagram see page 4)**

A. *Change 1st Sentence:*

... **55m – 65m long between end lines and 45m – 55m wide between sidelines.** ...

C. *Change 2nd Sentence:*

The Goal Lines shall be no less than **43m** and no greater than **53m** apart. ...

E. *Change:*

**There must be 6m of playing space behind each Goal Line...**

The **6m** of playing space behind the Goal Line shall be measured...

1. Two small visible marks shall be added to the field behind the each goal, 4m from the boundary and **10m** from the centre of the Goal Line.

F. *Change:*

**No Restraining Line shall be marked.**

G. *Change:*

... a Center Circle shall be marked and have a radius of **7m**... **A Center Line shall be marked through the Center of the field parallel to the Goal Lines.**

## **Rule 3 The Crosse**

A.4. *Addition:*

**Junior players who are under the age of 15 may use a Crosse shorter than 90cm to allow the Crosse to fit comfortably along the full length of the player's arm.**

## **Rule 5 Teams**

A. *Change:*

... A Roster of **15** players constitutes a full team. Any number of up to **seven (7)** are permitted on the field at the same time. **One of the 7 players on each team MUST be the Goalkeeper.**

## **Rule 6 Player's Uniform and Equipment.**

### *F. Addition:*

The Goalkeeper must wear a helmet with facemask, a throat protector, chest or body pad, **goaliepants/-shorts, kneepads, shinguards and gloves.**

## **Rule 10 Duration of play**

### *A. Change:*

The duration of the game shall be **40-minutes**, two **20-minute** periods/halves.

### *H. Change:*

Each Team may request **three (3) 120-Seconds** Team time-outs per game, after a Goal has been scored.

### *Addition:*

A Coach may request the time-out through the Scorer's table **OR directly to the nearest Umpire.**

## **Rule 12 To start an restart the Game**

### *B. Change 3rd Sentence:*

During the Draw... The Goalkeeper must remain below / goal side of the **Center Line.**

## **Rule 16 Minor fouls and penalties**

### *A.16. Change:*

**During the Draw and at all other times** during the game Goalkeepers must remain below / goal side of the **Center Line.**

## **Rule 18 Restraining Line**

### ***Change „Restraining Line“ to Center Line***

### *A. Change:*

A team must not:

1. have more than **5** attack players below / goal side of the **Center Line** in their offensive / attacking end of the field.
2. have more than **6** defence players below / goal side of the Center Line in their defensive end of the field. **One of these 6 players must be the Goalkeeper.**

## **Rule 20 Major Fouls**

### *Additions:*

- All Checks **MUST** be away from the ball carrier's body.
- Horizontal held Crosses on Defence are not allowed.
- A Yellow card **MUST** be given for a check towards the ball carrier's body.

Field Markings:

