



DLaxV

DEUTSCHER LACROSSE VERBAND E.V.
GERMAN LACROSSE ASSOCIATION

**JUNIORINNEN
REGELWERK**



DLaxV Regelwerk für Juniorinnen

Die hier aufgeführten Regeln sind Änderungen oder Ergänzungen des FIL Regelwerks **2018-2022** für Damenlacrosse und gelten ausschließlich für die Spiele der Juniorinnen im Spielbetrieb des DLaxV.

Bis auf diese „Sonderregeln“ gelten ausnahmslos die Regeln der FIL für Damenlacrosse, sowie deren in der Bundesspielordnung des DLaxV (BSO) festgeschriebene Abweichungen.

Ziel dieser Sonderregeln ist in erster Linie die Sicherheit der Jugendspielerinnen zu gewährleisten und die geltenden Regeln des Damenlacrosse an die Fähigkeiten und Fertigkeiten der Jugendspielerinnen anzupassen. Die Regeln können jederzeit in Absprache mit den Sportwarten Damen und Juniorinnen durch die leitende Schiedsrichterin des DLaxV geändert werden.

Änderungen in diesem Regelwerk sind rot markiert. Das Regelwerk gilt ab Beginn der Saison **2018/2019**.

General Changes for the entire Rulebook:

- „**10m**“ replaces „11m“
- „**14m**“ replaces „15m“
- „**Center Line**“ replaces „Restraining Line“

Rule 1 Field Markings: (diagram see page 4)

A. Change 1st Sentence:

... **55m – 65m** long between end lines and **45m – 55m** wide between sidelines. ...

C. Change 2nd Sentence:

The Goal Lines shall be no less than **43m** and no greater than **53m** apart. ...

D. Change:

There **must be 6m** of playing space behind each Goal Line...

The **6m** of playing space behind the Goal Line shall be measured...

1. Two small visible marks shall be added to the field behind the each goal, 4m from the boundary and **10m** from the centre of the Goal Line.

F. Change:

No Restraining Line shall be marked.

G. Change:

... a Center Circle shall be marked and have a radius of **7m...** **A Center Line shall be marked through the Center of the field parallel to the Goal Lines.**

Rule 3 The Crosse

A. 4. Addition:



Junior players who are under the age of 15 may use a Crosse shorter than 90cm to allow the Crosse to fit comfortably along the full length of the player's arm.

Rule 5 Teams

A. *Change:*

... A Roster of **15** players constitutes a full team. Any number of up to **six (6)** are permitted on the field at the same time. **One of the 6 players on each team MUST be the Goalkeeper.**

Rule 6 Uniforms and Equipment.

G. *Addition:*

The Goalkeeper must wear a helmet with facemask, a throat protector, chest or body pad, **goaliepants/-shorts, kneepads, shinguards and gloves.**

Rule 11 Duration of play

A. *Change:*

The duration of the game shall be **40-minutes, four 10-minute periods/quarters „running-clock“, except the last thirty second in the first, second and third quarter and the last two (2) minutes in the fourth quarter.**

Addition:

A Coach may request the time-out through the Scorer's table **OR directly to the nearest Umpire.**

Rule 13 Start & restart the Game

- A. **At the Start and Restart of the Game a maximum of three (3) players from each team may be outside the marking areas during the draw. All other players, including each team's goalkeeper, must be inside the marking area. The Goalie may be in her crease. Players must not enter the center circle until the whistle is blown. During the draw, players positioned inside of the marking area must not leave the marking area until possession has been determined and indicated by the umpire's direction signal and verbal 'possession'. Players in side of the marking area may reach over the line with their crosses to play the ball as long as no part of the player's foot is on or over the line (Rule 19.A.10)**
Guidance: The remaining players, who do not participate in the draw, have to be positioned in the marking area or the goal circle. The marking area is defined as the 10 m arc in front of the goal.

Rule 19 Restraining Line

Change „Restraining Line“ to Center Line

A. *Change:*

A team must not:

- (1) have more than **4** attack players below / goal side of the **Center Line** in their offensive / attacking end of the field.



- (2) have more than **5** defense players below / goal side of the Center Line in their defensive end of the field. **One of these 5 players must be the Goalkeeper.**

Rule 20 Minor fouls rules and penalties

A. 11. *Change:*

During the Draw and at all other times during the game Goalkeepers must remain below / goal side of the **Center Line.**

Rule 21 Major Fouls rules and penalties

Additions:

- **All Checks MUST be away from the ball carrier's body.**
- ~~**Horizontal held Crosses on Defence are not allowed.**~~
- **A Yellow card MUST be given for EVERY check that makes contact with the opponents body.**



Field Markings:

