



DLaxV

DEUTSCHER LACROSSE VERBAND e.V.
GERMAN LACROSSE ASSOCIATION

**JUNIORINNEN
REGELWERK**



DLaxV Regelwerk Juniorinnen Feldlacrosse

Die hier aufgeführten Regeln sind *Änderungen oder Ergänzungen des World Lacrosse Regelwerks 2022-2024 für Damenlacrosse* und gelten für die Liga und Endrundenspiele der Juniorinnen im Spielbetrieb des DLaxV. Zusätzlich gelten die Regeln für den *DLaxV Spielbetrieb*, die *Klarstellungen für den DLaxV Spielbetrieb*, die *DLaxV Stringing Specifications* und die *Women's Lacrosse Stick/Pocket List*, sofern in diesem Regelwerk keine expliziten Änderungen stehen.

Siehe hierzu das DLaxV Damenregelwerk:

<https://dlaxv.de/downloads/dlaxv-damen-feld-regelwerk/>

Bankanweisungen Juniorinnen und Damen Feldlacrosse:

<https://dlaxv.de/downloads/bankanweisungen-damen-feld/>

Changes for the entire Rulebook:

- **10 Meter** replaces 15 Meter
- 10 Meter semi circle equals 15 Meter Marking Area (MA)
- 10 Meter semi circle & Area Behind Goal between the GLE and the endline, 10m to each side of the goal equals Advantage Flag Area (AFA)
- **Center Line** replaces Restraining Line
- Half of the field closer to team's own goal equals Defending Area
- Half of the field closer to the other team's goal equals Attacking Area

Rule 1 Field Markings: (diagram see page 5)

2. Change first sentence:

The playing area is **55m – 65m** long between end lines and **45m – 55m** wide between sidelines.

5. Change first sentence:

A Goal Line and a Goal Line Extended shall be marked **6m** from the end-lines.

8. Change:

No Restraining Line shall be marked.

9. Change:

A Center Line will be marked **across the length of the field, from sideline to sideline.**

10. Change:

A Center Circle will be marked with a radius of **7m**.

12. Change:

A Substitution Area will be measured **9m** from the center of the point of the field length (**4,5m** either side of the center point) and **4m** parallel to the side line.

13. Change:

The Coach Walk will be measured 4m parallel to the side-line and extend from the Substitution Area **14m** towards the goal.

16. Change:

The Substitution Gate is defined by two cones/markers placed **9m** apart.



Rule 3 The Crosse

A. 3. h. Addition:

Junior players may use a Crosse shorter than 90cm to allow the Crosse to fit comfortably along the full length of the player's arm.

Rule 5 Teams

A. Change:

A Roster of **15** players constitutes a full team. Any number of up to **six (6)** are permitted on the field at the same time. ***One of the 6 players on each team must be the Goalkeeper.***

Rule 6 Uniforms and Equipment.

A. 21.-22. Addition:

The Goalkeeper must wear a helmet with facemask, a throat protector, chest or body pad, ***goaliepants/-shorts, kneepads, shinguards and gloves.***

Rule 12 Duration of play

A. Change:

The duration of the game shall be **40-minutes**, four **10-minute** periods/quarters ***running-clock, except the last thirty seconds (30) in the first, second and third quarter and the last two (2) minutes in the fourth quarter.***

Guidance: See "Regeln für den DLaxV Spielbetrieb" for reference to stop clock procedure in the last 30 Seconds (Q1,Q2,Q3) and 2 Minutes (Q4).

Addition:

A Coach may request the time-out through the Scorer's table ***or directly to the nearest official.***

Rule 13 Start & restart the Game

- A. At the Start and Restart of the Game with a draw a maximum of three (3) players from each team may be outside the marking areas during the draw. All other players, including each team's goalkeeper, must be inside the marking area. The Goalie may be in her crease. Players must not enter the center circle until the whistle is blown. During the draw, players positioned inside of the marking area must not leave the marking area until possession has been determined and indicated by the official's signal and verbal 'possession'. Players inside of the marking area may reach over the line with their crosses to play the ball as long as no part of the player's foot is on or over the line (Rule 19.A.3)

Guidance: The remaining players, who do not participate in the draw, have to be positioned in the marking area or the goal circle. The marking area is defined as the 10m semi circle in front of the goal.



Rule 18 Restraining Line

Change „Restraining Line“ to Center Line

A. 2. *Change:*

A team must not:

- (1) have more than **5** attack players below / goal side of the **Center Line** in their offensive / attacking end of the field.
- (2) have more than **6** defense players below / goal side of the Center Line in their defensive end of the field. ***One of these 6 players must be the Goalkeeper.***

Rule 19 Minor fouls rules and penalties

19. A. 2. *Change:*

During the Draw and at all other times during the game Goalkeepers must remain below / goal side of the **Center Line**.

Rule 20 Major Fouls rules and penalties

Additions:

All Checks must be away from the ball carrier's body.

A Yellow card must be given for every check that makes contact with the opponent's body.



Field Markings:

Lines shall be 5 cm wide.

